

Saturday, October 11, 2025

## McNamara Top Harrier In 3.7-mile Jaunt

ROXBURY – Former Taft School (Watertown) ace Rory McNamara, 18, easily took the checkered flag in a 3.7-mile race at the weekly Roxbury Road Runners Club series.

McNamara, whose mother, Rina McNamara, was the women's season champion in the series in 2024, was timed in 23-minutes, 19-seconds – a 6:18-per-mile pace – over the loop, which included a trip up the steep incline on Ranney Hill Road.

Chris Deming, 58, of Danbury, a two-time overall season champion, placed second at the Saturday, October 11, event in 25:21.

Miriam Acevedo, 48, of New Milford was the first female finishers and took fifth overall in 27:33. It was her 13<sup>th</sup> triumph this season in the female division.

Through 32 of the 38 races for the 2025 season, Acevedo is second in the overall standings with 888 points. Defending overall champion Mike Abraham, 66, of Roxbury leads the standings with 1.053 points. Deming is third with 865 points.

The series will continue on Saturday, October 18, at 8:30 a.m. with an 8.2-mile run that will include a trip in both directions along Judd's Bridge Road.

The runners will collect food and monetary donations for the Roxbury Food Pantry from the Saturday, October 26, race through the finale event on Saturday, December 6.

Runners can compete through the \$30 season membership. They also can enter by completing the weekly waiver form and paying \$5. Youth runners, current and former members of the military and current and former first responders can enter for free after completing the weekly waiver form.

The Roxbury Fall Classic – a half-marathon, marathon and 50-kilometer race – will be held on Saturday, November 8. Registration is available via UltraSignup. The series will accept donations of non-perishable items for the Roxbury Food Pantry.

The eighth annual Roxbury Thanksgiving Day Charity Race will be run on Thursday, November 27, at 9 a.m. over a 3.1mile loop. Pre-registration is \$10 plus a \$3.12 handling fee from UltraSignup. The Web address is <https://ultrasignup.com/register.aspx?did=127153>. Race-day registration will be \$15 and will be available on November 27 from 7:30 a.m. to 8:50 a.m.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Evertt B. Hurlburt Community Park at 18 Apple Lane.

For more information, contact Scott Benjamin, the race director, at [ScottBenjaminWCSU2014@gmail.com](mailto:ScottBenjaminWCSU2014@gmail.com), (Voice-mail) (860) 354-3521 or access [www.roxburyraces.net](http://www.roxburyraces.net) or the Roxbury Races Facebook Page.