

Saturday, June 28, 2025

Lipchus, Acevedo Return To The Winner's Circle After Running Road, Trails

ROXBURY – Jeff Lipchus and Miriam Acevedo scored victories in their respective divisions after running along roads with steep hills and a preserve trail that challenged their coordination.

Lipchus, 42, of the Sandy Hook section of Newtown was the overall winner of the 4.7-mile race at the weekly Roxbury Road Runners Club series.

The course included a trip through part of the Roxbury Land Trust's Tierney Falls Preserve. Lipchus tabulated his fifth win of 2025 in the series by finishing in 34-minutes, 4-seconds - a 7:15-per-mile pace.

He outlasted Dwight Harris, 39, of Southbury, who was second in 34:15.

Acevedo, 48, of New Milford made it six consecutive wins at Roxbury in the women's competition and seven overall for the 2025 campaign. She placed seventh overall in the race with a 40:05 clocking

The series will continue on Saturday, July 5, at 8:30 a.m. with the third annual Roxbury Fun Run in which the entrants will race one lap - .41-of-a-mile - around the track at the Everett B. Hurlburt Community Park at 18 Apple Lane. Each finisher will receive a blue ribbon.

That event will be followed by a 2.4-mile race that will include a trip up the steep hill on Chalybes Road.

Runners can compete through the \$30 season membership. They also can participate by completing the weekly waiver form and paying a \$5 fee. Youth entrants, current and former members of the military and current and former first responders can run for free after completing the weekly waiver form.

The races, which are sanctioned by the Roxbury Recreation Commission, typically start and finish near the community park.

However, on Saturday, July 12, the series will hold its annual Bill Burley Founders Race at 8:30 a.m. at the Roxbury Land Trust's River Road Preserve. The runners will cover a 3-mile loop. Following the race they will donate a contribution to the land trust.

For more information on the series, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access www.roxburyraces.net or the Roxbury Races Facebook page.