

For Immediate Release

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## Abrahams Are Roxbury's Dynamic Duo

ROXBURY – Son Wylden Abraham, a high school student at Shepaug Valley-Washington, now has six victories in the 2025 campaign at the Roxbury Road Runners Club series.

Dad Mike Abraham, a longtime Roxbury resident, won the 2024 season champion at the series

On Flag Day, Wylden captured first place over a 3.7-mile loop that included a trip down the incline on Ranney Hill Road and up the steep hill on Chalybes Road. He was timed in 24 minutes 20 seconds – a 6:29-per-mile pace.

Mike, a former social studies teacher and cross-country coach at New Milford High School, was second in 27:04.

Miriam Acevedo of New Milford was the first female finisher for a fourth consecutive week and a fifth time during the 2025 campaign. She placed fourth overall with a 30:10 clocking.

The field in the Saturday, June 14, event included four entrants from the Run 169 Towns Society. Those runners are seeking to complete a race in each of Connecticut's 169 municipalities.

The series will continue on Saturday, June 21, at 8:30 a.m. with a 5.7-mile jaunt that will include a trip in both directions on River Road and a journey up the Horrigan Trail – jeep trail – that leads to Rocky Mountain Road.

Runners can enter through the \$30 season membership. They also can participate by completing the weekly waiver form and paying a \$5 fee. Youth runners, current

and former members of the military and current and former first responders can compete for free after completing the weekly waiver form.

The Roxbury Family Fun Run will be held on Saturday, July 5, at 8:30 a.m. before the start of the 2.4-mile race. The contestants will run once around the .41-mile oval at the Everett B. Hurlburt Community Park.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For more information, contact Scott Benjamin, the race director, at [ScottBenjaminWCSU2014@gmail.com](mailto:ScottBenjaminWCSU2014@gmail.com), (Voice-mail) (860) 354-3521, or access [www.roxburyraces.net](http://www.roxburyraces.net) or the Roxbury Races Facebook page.

#### Results of the 3.7-mile Race

1. Wylden Abraham 24:20
2. Mike Abraham 27:04
3. Steve Leslie 28:15
4. Miriam Acevedo 30:10
5. Jon Smith 30:40
6. Franklyn Gandiaga 30:55
7. Donna Lesch 31:10
8. Nick Nassra 31:30

9. Rick Lowry 31:32
10. Bernard Puc 32:10
11. Cindy DeGirolamo 32:17
12. Dan Lamb 32:56.9
13. Scott Benjamin 33:05
14. Lauren Contorno 33:25
15. Mary Mahrer 34:07
16. Jenny Cardoso 34:18
17. Scott Cooney 34:30
18. Judy Ferri (time note reported)
19. Dan Lynch 35:16
20. Irene Clarke 36:09
21. Ross Levy 37:22
22. Melinda Benson 38:50
23. Pat Marafiotte 39:24
24. Jeff Smith 39:57
25. Costas Drakatos 41:13.06
26. Harry Ong 41:14

27. Larry Davis 42:49

28. Bob Satterlee 43:00

Alternate courses:

Charlie Euston

Janet Levy, 2.19 miles, 41:10.