

Saturday, August 30, 2025

McNamara, Acevedo Fastest Harriers In Large Field At Roxbury Mile II

ROXBURY – Labor Day weekend marks the unofficial end of summer and the unofficial start of the November election campaign.

For 22 of the last 23 years now the Saturday of that weekend has attracted runners to the Roxbury Mile II.

There were 51 entrants on Saturday, August 30, the largest field of 2025 at the weekly Roxbury Road Runners Club series, which sponsors more races annually than any series in Connecticut. Entrants came from as far away as Voluntown, Windsor Locks and Branford.

Brian McNamara, 49, of Litchfield easily won the overall title on the jaunt from near the end of Apple Lane to the parking lot at the Booth Free School. He was clocked in five-minutes, 45-seconds, easily ahead of Felipe T. Birk, 45, of Washington who was second in 6:10.

Miriam Acevedo, 48, of New Milford was fifth overall in 6:31, posting her 11th win in the women's division in 2025 at Roxbury. She also was the female champion in the Roxbury Mile I on Saturday, May 24.

After 26 of the 38 races for 2025, Mike Abarham, 66, of Roxbury leads the standings with 882 points. He placed fourth in the Roxbury Mile II with a time of 6:26. Abraham was the overall champion in 2024. Acevedo is third overall in 2025 and tops the women's division with 691 points.

The series will continue on Saturday, September 6, at 8 a.m. with the 8.7-mile Battleswamp Preserve course.

Runners can participate through the \$30 season membership. They also can enter by completing the weekly waiver form and paying a \$5 fee. Youth runners, current and former members of the military and current and former first responders can participate for free after completing the weekly waiver form.

The Roxbury Fall Classic – half-marathon, marathon and 50-kilometer races – are scheduled for Saturday, November 8. Pre-registration is available via UltraSignup.

The eighth annual Roxbury Thanksgiving Day Charity Race will be held on Thursday, November 27, at 9 a.m. over a 3.1-mile route. Runners can pre-register through UltraSignup. There is a \$10 fee with an additional \$3.12 service charge. Race-day registration will be held on November 27 from 7:30 a.m. to 8:50 a.m. at a cost of \$15 per runner.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For more information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access www.roxburyraces.net or the Roxbury Races Facebook page.