<u>Deming Tallies Second Win Of 2023 At</u> <u>Roxbury Races</u>

ROXBURY – Defending season champion Chris Deming outlasted Mark Andrejczyk, his nearest challenger, by just 12 seconds to earn the championship fedora over a challenging 5.0-mile course at the weekly Roxbury Road Runners Club series.

Deming, 56, of Danbury garnered his second win of the 2023 campaign with a clocking of 35-minutes, 26-seconds – a 7:05-per-mile pace - on the loop, which included a trip up the long hill on Apple Lane. Andrejczyk, 50, of Shelton was second in the Saturday, April 15, event with a time of 35:38.

Two-time defending women's series champion Kateri Danay, 25, of Waterbury was the first female finisher and took sixth overall in 41:10.

The series will continue on Saturday, April 22, at 8:30 a.m. with an 8.5-mile race that will include a trip along the Booth and Goldmine roads.

Runners can compete through the \$25 season membership. They also can participate by completing the weekly waiver form. If they have a timing chip the fee is \$2. If they do not have a timing chip the cost is \$5. Youth runners and former and current military personnel and first responders can compete for free after completing the weekly waiver form.

The Larry Kershnar MidSpring Challenge over a 4.3-mile route will be run on Saturday, May 6, at 8:30 a.m. The event honors the former head director of the series who expanded the races to the current nine-month schedule.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For more information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521., or access www.roxburyraces.net or the Roxbury Races Facebook page.