Saturday, October 15, 2022

# Sheldon Scores 10<sup>th</sup> Roxbury Win Of 2022

ROXBURY – Jeff Sheldon easily annexed his 10<sup>th</sup> victory of the 2022 campaign at the weekly Roxbury Road Runners Club series with a time of 22-minutes, 16-seconds – a 6:20-per-mile pace – over a 3.52-mile loop.

Sheldon, 42, of Southbury is s former two-time season champion in the series.

Randy Watkins, 59, of New Milford placed second in the Saturday, October 15, race with a time of 24:25 on the course, which included a trip down the long hill on Hemlock Road.

Alison Masopust, 38, of Morris was the first female finisher for the 13<sup>th</sup> time in 2022 at the series. She took fourth overall with a 24:47 clocking.

Chris Deming, 55, of Danbury leads the season standings with 1020 points. Kateri Danay, 24, of Waterbury is second at 997 points and Watkins holds third place at 822 points.

The 46<sup>th</sup> season of the series will continue on Saturday, October 22, at 8:30 a.m. with a 5.0-mile race that will include a trip up the long hill on Squire Road.

Runners can compete through the $25 season membership. They also can enter by completing the weekly waiver form. If they have a timing chip, the cost is $2. If they do not have a timing chip, the fee is $5. Youth runners can enter for free after completing the weekly waiver form.

The runners will collect donations of non-perishable items from November 5 through December 3 for the Roxbury Food Bank, which is sponsored through the Roxbury Church of Christ. Also, during that time frame, the runners will collect unwrapped toys to donate to the collection box at the Troop A state police headquarters in Southbury.

The Roxbury Marathon and Roxbury Half Marathon will be held on Saturday, November 12, at 8:30 a.m. Details are available at the Roxbury Races Facebook page.

The Roxbury Thanksgiving Day Charity Race is slated for Thursday, November 24, at 9 a.m. over a 3.1-mile course. Pre-registration for $10 and a handling fee is available via Ultra Sign-up - https://ultrasignup.com/register.aspx?did=95688

Race day registration of $15 per entrant will be accepted on November 24 from 7:30 to 8:50 a.m. The event will benefit the Sydney Alworth Scholarship through the Roxbury Scholarship Foundation.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access www.roxburyraces.net or the Roxbury Races Facebook page.