<u>Lipchus, Danay Conquer 6.6-mile Roxbury</u> Route

ROXBURY – Jeff Lipchus held off a challenge from Randy Watkins to garner his ninth overall victory of the season and Kateri Danay collect ed her 16th women's division title of the 2022 campaign over a 6.6-mile course at the weekly Roxbury Road Runners Club series.

Lipchus, 39, of Newtown was timed in 49-minutes, 21-seconds – a 7:29-per-mile pace – over the loop which went to the end of Sentry Hill Road and back. Watkins, 59, of New Milford was running stride for stride with Lipchus in the Saturday, November 19, event near the four-mile mark and placed second 49:26.

Danay, 24, of Waterbury was not only the first female, but took fourth overall in 53:53.

For the season, Chris Deming – who placed fifth in the 6.6-miler – is leading the standings with 1,151 points entering the season finale on Saturday, November 26. Danay is second with 1.120 points.

The series will continue with that season finale on November 26 at 8:30 a.m. over a 3.52-mile course that will include a trip down the long hill on Hemlock Road.

Runners can participate through the \$25 season membership. They also can compete by completing the weekly waiver form. If they have a timing chip, the fee will be \$2. If they do not have a timing chip, the cost will be \$5. Youth runners can compete for free after completing the weekly waiver form.

The Roxbury Thanksgiving Day Charity Race will be held on Thursday, November 24, at 9 a.m. Pre-race registration is open through Tuesday night, November 22, at 11:59 p.m at Ultra Sign-up - https://ultrasignup.com/register.aspx?did=95688 The fee is \$10 plus a handling charge.

Race-day registration will be available on November 24 from 7:30 to 8:50 a.m. The cost will be \$15 per runner.

Proceeds will be donated to the Sydney Alworth Award administered through the Roxbury Scholarship Foundation.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (860) 354-3521 or access www.roxburyraces.net or the Roxbury Races Facebook page.