Saturday, April 30, 2022

Sheldon Scores Narrow Win Over Lipchus

ROXBURY – Jeff Sheldon posted a four-second victory over Jeff Lipchus on a 3.52-mile course – denying Lipchus the chance to be the winner in all five of the races in April at the weekly Roxbury Road Runners Club series.

Sheldon, 42, of Southbury was the victor in 24-minutes, 37-seconds – a 6:59-permile pace on the route, which included a trip up the long hill on Hemlock Road. He is a former two-time season champion in the series.

Lipchus, 38, of Newtown, who had been the overall winner in the April 2, 9, 16 and 23 events, placed second in 24:41.

Likewise, Alison Masopust kept Kateri Danay from winning all five the April races in the female division. Masopust, 38, of Morris was sixth overall in 26:25. She is a multiple former season champion in the women's division at the series. Danay, 24, of Waterbury placed seventh overall with a 26:37 clocking. She captured the 2021 women's season title.

The series will resume on Saturday, May 7, at 8:30 a.m. with the 32nd annual Larry Kershnar MidSpring Challenge. The 4.3-mile event, which will include a trip down the hill on High Bridge Road, is named after the late Kershnar, who was a Roxbury resident and served as the second head director in the history of the series. He established the current February to December format after the series had been eight races in the summer.

Runners can compete through the \$25 season membership. They also can participate by completing the weekly waiver form. If they have a timing chip, the cost is \$2. If they need a timing chip, the fee is \$5. Youth runners can compete for free after completing the weekly waiver form.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane. For further information, contact Scott Benjamin, the race director, at <u>ScottBenjaminWCSU2014@gmail.com</u>, (Voice-mail) (860) 354-3521 or access <u>www.roxburyraces.net</u> or the Roxbury Races Facebook page.