June 19, 2021

Sheldon, Zickefoose Wear Crowns At Roxbury 6.5-miler

ROXBURY – A pair of Southbury residents took the respective male and female honors over a 6.5-mile loop at the Roxbury Road Runners Club series that included a series of hills, a dirt road and a jeep trail.

Jeff Sheldon – a former two-time series champion - was the first overall finisher in 43:-minutes 30-seconds, a 6:32-per-mile pace, over the loop, which traveled along such areas as Hemlock Road, Route 67, South Street and River Road.

Mary-Alex Zickefoose – who formerly ran at Central Connecticut State University in New Britain – captured the female title and was second overall in 45:41.

David McNamara of New Haven – who placed fifth in 51:57 – leads the standings for the season in the weekly series with 261 points.

The series will continue on Saturday, June 26, at 8:30 a.m. with a 5.0-mile race that will include a trip down the long hill on Squire Road.

Runners can enter through the $25 season membership. They also can participate by completing the weekly waiver form and paying $2 if they already have a timing chip and $5 if they don't have a timing chip. Youth runners can compete for free after completing the weekly waiver form.

All runners should pre-register online at www.roxburyraces.net.

The races, which are sanctioned by the Roxbury Recreation Commission, typically start and finish near the Everett Hurlburt Community Park at 18 Apple Lane.

There will be no race on Saturday, July 3, during the Independence Day weekend. The Stephen Reich Freedom Trail 5-kilometer race is slated for Sunday, July 4, at 9 a.m. in Washington.

The Roxbury series will then resume on Saturday, July 10, with the annual race to benefit the Roxbury Land Trust and honor Bill Burley, the founder of the series. That race will start and finish near the Roxbury Land Trust preserve on River Road at 8:30 a.m.

For further information on the series, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access www.roxburyraces.net.