<u>Sheldon, Bevilacqua Stride To Roxbury Jeep</u> <u>Trail Victories</u>

ROXBURY – Jeff Sheldon and Amy Bevilacqua wore the championship crowns at the Roxbury Road Runners Club series after gliding through a 3.6-mile loop that included a jeep trail that featured rocks, stones, dirt and mud.

Sheldon of Southbury was the overall winner in the Saturday, April 10, time trail event with a 23-minute, 59-second clocking – a 6:40 per-mile pace.

He is a former two-time season champion in the weekly series.

Bevilacqua of Southbury, a former distance runner at Williams College – a Little Ivy League School – and an accomplished triathlete - annexed the female title and was third overall in 24:50 over the route, which included a trip down the hill on High Bridge Road.

The series will resume on Saturday, April 17, at 8:30 a.m. with a 3.9-mile run that also will travel along the jeep trail that is located off of River Road.

Runners can enter through the \$25 season membership. If they already have a timing chip, they can participate for \$2 via the weekly waiver. If they don't have a timing chip, they can enter for \$5 through the weekly waiver.

The 32nd annual Larry Kershnar MidAutumn Challenge over a 4.3-mile course will be held on Saturday, May 1, at 8:30 a.m. The race is named after the second head director of the series, who in the mid-1980s expanded it from eight summer races to its current 38-race format from early March to mid-December.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access www.roxburyraces.net.