<u>Deming, Lesch Prevail Over Rolling 4.3-mile</u> Course

ROXBURY – Former season champion Chris Deming took the lead in the first three-tenths of a mile and turned in a performance worthy of an Easter bonnet in capturing a 4.3-mile time-trial event at the weekly Roxbury Road Runners Club series.

Deming of Danbury was clocked in 30-minutes, 52-seconds over the route, which included a trip up the hill on High Bridge Road.

Donna Lesch of Southbury was the first female finisher and took sixth overall in 34:34.

The time trial events will resume on Saturday, April 10, at 8:30 a.m. with a run over a 3.6-mile loop that will include a journey along a jeep trail.

Runners can enter through the \$25 season membership. For a weekly waiver, they can pay \$5 to obtain a timing chip, or, if they already have a chip, they can participate for just \$2.

The 30th Larry Kershnar 4.3-mile MidSpring Challenge will be held on Saturday, May 1, at 8:30 a.m. The race is named after the second head director of the series. Kershnar, a Roxbury resident, expanded the series to its current format in the mid-1980s after it had started in an eight-week summer format in 1977.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett B. Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (Voice-mail) (860) 354-3521 or access www.roxburyraces.net.