

Sheldon, Masopust Post Course Records Over Battle Swamp

ROXBURY – Jeff Sheldon and Alison Masopust strode to record times over a two-year-old course that covers a combined 8.7 miles of paved roads, dirt roads, a trail in the woods and a Battle Swamp.

Sheldon, 38, of Southbury, a two-time season champion in the weekly Roxbury Road Races Club series was timed in 59-minutes, 56-seconds – a 6:53-per-mile pace along the route, which went through the wooded trail in the Battle Swamp Brook Preserve near Judd’s Bridge Road.

Chris Deming, 52, of Danbury who set the record in last year’s inaugural run on the course with a time of 1:03.21, placed second on Saturday, September 7, with a clocking of 1:01.26.

Masopust, 35, of Morris placed third overall, setting the female record with a time of 1:01.50. The previous mark of 1:12.26 was established by Ansley Flanagan.

The series will resume with a 4.4-mile jaunt on Saturday, September 14, at 8:30 a.m.

Runners can enter through the \$25 season membership or the \$2 weekly waiver fee. Youth runners can participate for free by completing the weekly waiver form.

The Ed Sandifer staggered start race is slated for Saturday, September 28, at 8:30 a.m. Runners will take off according to their ability. The event is named after a 12-time season champion in the series.

The 16th annual Roxbury Marathon and Roxbury Half Marathon will be run simultaneously on Saturday, November 9, at 8:30 a.m. Registration is available through the Ultra Sign-up link at www.roxburyraces.net.

The third annual Roxbury Thanksgiving Day Charity Race will be held on Thursday, November 28, at 9 a.m. over a 3.1-mile course

Pre-registration of \$12.50 can be completed through the Ultra Sign-up link at www.roxburyraces.net. Post registration of \$15 per runner will be taken on the day of the race from 7:30 to 8:45 a.m. The proceeds will go to the Joseph Awlasewicz Fund through the Roxbury Scholarship Foundation.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (860) 354-3521 or access www.roxburyraces.net.