<u>Masopust Romps To Course Record, Deming</u> <u>Takes Second Place In Roxbury Jeep Trail Run</u>

ROXBURY – Alison Masopust delivered a performance worthy of a wreath of mini red and white carnations as she posted a course record of 23-minutes, 52-seconds, a 6:38-per-mile pace - on a 3.6-mile loop that included pavement, dirt roads and a jeep trail with stumps, sand, roots and rocks.

It was the 13th time that she was the first female finisher during the 2019 season at the Roxbury Road Races Club series and the third time she took first place overall.

Masopust, 35, of Morris has captured the women's season title at the weekly series the last two years.

Chris Deming, 52, of Danbury, a former season champion in the series, placed second overall in the Saturday, August 3, event with a time of 24:12.

The series will resume on Saturday, August 10, at 8:30 a.m. with a 3.52-mile jaunt that will include a trip up the long hill on Hemlock Road.

Runners can enter through the \$25 season membership or the \$2 weekly waiver. Youth runners can participate for free by completing the youth waiver.

Registration for the Roxbury Marathon/Half Marathon, slated for Saturday, November 9, at 8:30 a.m. and the Roxbury Thanksgiving Charity Race, scheduled for Thursday, November 28, at 9 a.m. are available through Ultra-Sign-up at <u>www.roxburyraces.net</u>.

The races, which are sanctioned by the Roxbury Recreation Commission, usually start and finish near the Everett Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at <u>ScottBenjaminWCSU2014@gmail.com</u>, (860) 354-3521 (voice-mail) or access <u>www.roxburyraces.net</u>.