<u>Deming, Lesch Victors In MidAutumn</u> <u>Championship Run</u>

ROXBURY –They hung the crepe paper for Chris Deming and Donna Lesch as they navigated a 3.9-mile course over paved roads, a jeep trail and a dirt road to win their respective titles in the 33rd annual Roxbury MidAutumn Championship.

Deming, 51, of Danbury posted his fourth win in the last seven races in the weekly Roxbury Road Races Club series with an overall winning time of 26-minutes, 15-seconds – a 6:44-per-mile pace.

Randy Watkins, 55, of New Milford was second overall in 27:38.

Lesch, 51, was the first female finisher and eighth overall in 31:48.

The series will host the Roxbury Marathon and Roxbury Half Marathon on Saturday, November 10, at 8:30 a.m.

The registration is available via the link at www.roxburyraces.net.

The second annual Roxbury Thanksgiving Charity Race will be held on Thursday, November 22, at 9 a.m. Pre-race registration for \$12.50 each is available through the Ultra-Sign-up link at www.roxburyraces.net. Race day registration will be \$15 on November 22 from 7:30 to 8:50 a.m.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at ScottBenjaminWCSU2014@gmail.com, (860) 354-3521 or access www.roxburyraces.net.