

For Immediate Release

Contact: Scott Benjamin

ScottBenjaminWCSU2014@gmail.com

(860) 354-3521

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Deming, D'Alessandro Capture Titles At Chilly, Roxbury 3.52-miler

ROXBURY – Chris Deming posted his second win of the young season and young Lara D'Alessandro, who runs for the Webatuck Central High School in New York state wore the women's crown in freezing temperatures over a 3.52-mile loop at the Roxbury Road Races Club series.

Deming, 51, of Danbury covered the trek, which included a trip down the long hill on Hemlock Road in 23-minutes, 34-seconds – a 6:42-per-mile pace.

Randy Watkins, 54, placed second in 23:47 during the Saturday, March 17, race in the weekly series.

D'Alessandro, 17, was fourth overall with a time of 24:16.

The series will resume on Saturday, March 24, at 8:30 a.m. with a 3.7-mile jaunt that will include a trip up the steep incline along Ranney Hill Road.