## Nahom Easily Wins 6.2-miler; Masopust Posts 13<sup>th</sup> Win Of Season In Women's Division

ROXBURY – Mike Nahom, who won the New Milford Village Fair Days 7.8-miler five times during the 1990s, easily scored a victory over at 6.2-mile course at the Roxbury Road Races Club series.

Nahom, 50, a Brookfield High School graduate who now lives in New Milford, ran the layout, which included a trip up the steep hill on Painter Road, in 39-minutes, 27-seconds – a 6:22-per-mile pace.

Wade Birkins, 28, of Roxbury, who placed first a week earlier on a 3.1-mile loop, took second in the Saturday, August 18, event with a clocking of 41:16.

Alison Masopust, 34, of Morris was fifth overall and tallied her 14<sup>th</sup> win of the season in the women's division at the weekly series. She was timed in 47:15.

The series will continue on Saturday, August 25, at 8:30 a.m. with a 5.0-mile race that will include a jaunt down the long hill on Squire Road.

Runners can enter through the \$25 season membership or the \$2 weekly waiver. Youth runners can participate for free by completing the weekly waiver.

The Roxbury Mile II will be run on Saturday, September 1, at 8:30 a.m.

The second annual Roxbury Thanksgiving Charity Race will held on Thursday, November 22, at 9 a.m. There will be no race-day

registration. Runners can register through the Ultra-Sign-up link at <a href="https://www.roxburyraces.net">www.roxburyraces.net</a>.

The series, which is sanctioned by the Roxbury Recreation Commission, starts and finishes near the Everett Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the race director, at <a href="mailto:ScottBenjaminWCSU2014@gmail.com">ScottBenjaminWCSU2014@gmail.com</a>, (860) 354-3521 or access www.roxburyraces.net.