

# **Deming, Degirolamo Post Victories In Roxbury**

## **3.52-mile Jaunt**

**ROXBURY – Chris Deming, a former season champion, and Cynthia Degirolamo, who has captured the women's season title each of the last three years, wore the championship crowns following a 3.52-mile race that included a rolling terrain accentuated by a trip up the long hill on Hemlock Road.**

**Deming, 50, of Danbury was clocked in 24-minutes, 17-seconds – a 6:54-per-mile pace over the loop.**

**Nolan Legere, 23, of Brookfield placed second in 25:45.**

**Degirolamo, 50, of Newtown took eighth overall in 28:01.**

**The series will resume on Saturday, October 14, at 8:30 a.m. with a 5.0-mile run that will include a trip up the steep hill on Squire Road.**

**Runners can enter through the \$50 season membership or the \$5 weekly waiver.**

**The 32<sup>nd</sup> annual MidAutumn Championship will be held on Saturday, November 4, at 8:30 a.m. over a 3.9-mile route that will include a jeep trail.**

**There will be a \$5 entry fee that can be paid that morning from 7 to 8:20. Proceeds will go to the series' annual T-shirt/grants campaign.**

**Electronic registration for the Roxbury Half Marathon is available at [www.roxburyraces.net](http://www.roxburyraces.net). The cost is \$20 for the run, which will be held on Saturday, November 11, at 8:30 a.m.**

**The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett Hurlburt Community Park at 18 Apple Lane.**

**For further information on the runs, contact Scott Benjamin, the race director, at [ScottBenjaminWCSU2014@gmail.com](mailto:ScottBenjaminWCSU2014@gmail.com), (860) 354-3521 or access [www.roxburyraces.net](http://www.roxburyraces.net).**