

October 29, 2016

## **Sheldon, Masopust Take Titles At Roxbury 5-miler**

**ROXBURY – Jeff Sheldon copped his second straight win and Alison Masopust posted her 23<sup>rd</sup> victory of the season over a rolling, 5.0-mile course at the Roxbury Road Race Series.**

**Sheldon, 36, of Southbury was timed in 30-minutes, 33-seconds – a 6:07-per-mile pace – Saturday, October 29, over the loop, which included a trip up the long hill on Apple Lane and down the series of inclines on Squire Road. Sheldon captured the season title in the weekly series in 2005 and 2010.**

**Ken Merrick, 47, of New Fairfield placed second in 32:18. He has taken the season title the last four years in the Roxbury series and is leading the point standings again this year.**

**Masopust, 32, of Morris was third overall with a clocking of 33:29.**

**The series will resume Saturday, November 5, with the Mike Abraham MidAutumn Championship over a 3.9-mile course at 8:30 a.m. There will be a \$5 entry fee that can be paid that morning from 7 to 8:20. Proceeds will go to the series' activities. The race is named after a Roxbury resident who was an assistant director for the races, won a season championship and the Roxbury Marathon.**

**The Roxbury Half Marathon is slated for Saturday November 12, at 8:30 a.m. Registration is available through the appropriate link at [www.roxburyraces.net](http://www.roxburyraces.net).**

**The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett Hurlburt Community Park at 18 Apple Lane.**

For further information, contact Scott Benjamin, the head director, at [ScottBenjaminWCSU2014@gmail.com](mailto:ScottBenjaminWCSU2014@gmail.com), (860) 354-3521 or access [www.roxburyraces.net](http://www.roxburyraces.net).