Sheldon, Levy Prevail Over 4.8-mile Roxbury Run

ROXBURY – Two-time season champion Jeff Sheldon, who began running in the races shortly after he graduated from college, and Alana Levy, who began competing while in middle school, were the respective male and female champions over a 4.8-mile loop at the Roxbury Road Race Series.

Sheldon, 36, of Southbury and a graduate of James Madison in Virginia, finished in 29-minutes, 42-seconds – a 6:11-per-mile pace - outlasting four-time season champion Ken Merrick, 47, of New Fairfield who was the runner-up in 30:10 on the course, which included a trip along part of Judd's Bridge Road. Merrick is again leading the point standings this season in the weekly series.

Levy, 27, a native of Chappaqua, N.Y., was one of six members of her family who ran in the Saturday, July 23, event. She placed 12th overall in 36:10.

The series will be idle Saturday, July 30, in observance of the 49th annual New Milford Village Fair Days 7.8-mile run.

The races will resume Saturday, August 6, at 8:30 a.m. with a 6.2-mile run that will include a trip up Painter Road. There will be no entry fee.

The ninth annual Two For The Show 3.1-mile event will be held Saturday, August 13, at 8:30 a.m. There will be a $5 entry fee that can be paid that morning from 7 to 8:20 a.m. Proceeds will be devoted to research into autism and into juvenile diabetes.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the head director, at ScottBenjaminWCSU2014@gmail.com, (860) 354-3521 or access www.roxburyraces.net.