

For Immediate Release

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Shepaug Valley Class of 2017, Roxbury Road Race Series To Sponsor Lyme Disease Awareness Run/Walk

ROXBURY -- Shepaug Valley High School juniors Martin Meyer and Kathleen Sinatra have organized a walk/run in conjunction with the Roxbury Road Race Series to benefit the American Lyme Disease Foundation and the Shepaug Class of 2017.

Meyer and Sinatra know firsthand the devastating effects tick borne illnesses have. Meyer suffered from Babesia, a type of tick borne illness, for two months in 2014. Lyme disease and other tick borne illnesses has impacted Sinatra since 2012. This will be the third year that the two will have coordinated a Lyme walk and run, raising not only awareness of tick borne illness, but over \$1500 for the American Lyme Disease Foundation.

The run will take place Saturday, May 14, at 8:30 AM with an entrance fee of five dollars that will benefit the Shepaug Valley Class of 2017 and an optional donation towards the American Lyme Disease Foundation. The fee can be paid that morning at the Everett Hurlburt Community Park at 18 Apple Lane, which is near the starting and finishing lines.

The 4.2-mile run will include a trip down the steep incline on Ranney Hill Road and up the long hill on Hemlock Road. The 1.8-mile walk will travel from the community park to the Booth Free Elementary School on South Street and back to the community park.

The weekly races in the Roxbury Road Race Series, which are sanctioned by the Roxbury Recreation Commission, start and finish near the community park.

For more information on the series, contact Scott Benjamin, the head director, at ScottBenjaminWCSU2014@gmail.com, (860) 354-3521 or access www.roxburyraces.net.