## <u>Sheldon, Masopust Prevail Over Roxbury 4.3-</u> <u>miler</u>

ROXBURY – Jeff Sheldon and Alison Masopust captured the male and female titles, respectively, Saturday, October 17, at the Roxbury Road Race Series over a rolling 4.3-mile layout.

Sheldon, 34, of Southbury annexed his seventh victory of the season with an overall winning time of 25-minutes, 29-seconds – a 6:00-per-mile pace – over the loop, which included a trip down the hill on High Bridge Road.

Brady Clarke, 18, was second in 27:41.

Masopust, 31, of Morris was sixth overall with a 29:29 clocking.

The runners congratulate Roxbury race regulars Jennifer and Ryan Ripp, who were married Saturday in Southbury.

The series will resume Saturday, October 24, at 8:30 a.m. with a 7.3-mile jaunt that will include a trip down the long hill on Hemlock Road and up the steep inclines on Painter Ridge Road. There will be no entry fee.

The Mike Abraham MidAutumn Championship will be held Saturday, November 7, at 8:30 a.m. The run, which will cover a 3.95-mile loop, will have a \$5 entry fee that can be paid that morning from 7 to 8:20. Proceeds will go to the Roxbury park improvement fund.

The event is named after a former assistant director for the series who also coached the New Milford High School boys cross country team for several years.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the head director, at (860) 354-3521, <u>ScottBenjaminWCSU2014@gmail.com</u> or access www.roxburyraces.net.