

Sheldon, Gallagher Annex Fourth Wins of 2015

At Roxbury

ROXBURY – Jeff Sheldon and Theresa Gallagher each garnered their fourth victories of the season at the Roxbury Road Race Series Saturday, August 1, as they took their respective divisions over a challenging 6.2-mile route.

Sheldon, 34, of Southbury was timed in 37-minutes, 15-seconds – a 6:00-per-mile pace – over the loop, which included a jaunt up the series of hills along Painter Ridge Road.

That earned him first place overall, with Cole Rossiter, 22, a former New Milford High School harrier, placing second in 37:15.

Gallagher, 46, of Roxbury was the first female finisher and took seventh overall in 48:45.

The weekly series will continue Saturday, August 8, at 8:30 a.m. with an 8.2-mile run that will include a trip up and down part of Judd's Bridge Road. There will be no entry fee.

The eighth annual Two For The Show Race will be run over a 3.1-mile course Saturday, September 12, at 8:30 a.m.

There will be a \$5 entry fee that can be paid that morning from 7 to 8:20. Proceeds will go toward research into autism and into juvenile diabetes.

The top overall male and top overall female finisher will each receive a \$10 gift certificate to an area running store.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett Hurlburt Community Park at 18 Apple Lane.

For further information, contact Scott Benjamin, the head director, at (860) 354-3521 or ScottBenjaminWCSU2014@gmail.com.