## <u>Sheldon Tallies First Roxbury Win Of 2014; Krebs Posts</u> <u>Sixth Triumph</u>

ROXBURY – Two-time season champion Jeff Sheldon scored his initial victory of the 2014 campaign and two-time reigning female title-holder Theresa Gallagher-Krebs annexed her sixth triumph of the year Saturday, June 28, at the Roxbury Road Race Series.

Sheldon, 33, of Southbury spend through the annual Brian Vanderheiden 2.4-mile seek race in 13-minutes, 20-seconds – a 5:33-per-mile pace.

Under the format, which was recommended by Vanderheiden, a veteran of the Roxbury runs, half of the field runs in one direction over the course and the other half of the field travels simultaneously the opposite way.

Sheldon and second-place finisher Ken Merrick, who has 10 victories this season at Roxbury, each ran down the steep hill on Chalybes Road. Merrick, 45, of New Fairfield was timed in 14:13.

Gallagher-Krebs, 45, of Roxbury, who also went down Chalybes Road, placed eighth overall in 17:02.

Earlier in the week the runners donated \$100 from their T-shirt/grants campaign to the Joey fund to benefit the family of the 11-year-old Roxbury boy, Joey Awlasewicz, who perished in an accident June 19.

The series will resume Saturday, July 5, at 8:30 a.m. with a 3.6-mile run that will include a trip along a jeep trail. There will be no entry fee.

The Bill Burley 5.0-mile Midsummer Championship will be held Saturday, July 19, at 8:30 a.m. There will be a \$5 entry fee that can be paid that morning from 7 to 8:20. Proceeds will go to the Roxbury park improvement fund.

The top overall male and top overall female finisher will each receive a \$10 gift certificate to an area running store.

The latest inductees into the Roxbury Road Race Series Hall of Fame will be announced during the post-race awards ceremony.

The event is named after Dr. Burley, a former Roxbury resident and New Milford elementary school principal, who established the series in 1977 and was its head director through 1979.

There will not be a race Saturday, July 26, since the 47<sup>th</sup> annual New Milford Village Fair Days 7.8-mile run will be held that morning.

The weekly races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett Hurlburt Community Park at 18 Apple Lane.

For more information, contact Scott Benjamin, the head director, at <a href="mailto:BenjaminS@wcsu;.edu">BenjaminS@wcsu;.edu</a>, (O) (203) 837-9999, ext. 19825 or access www.roxburyraces.net.