

Merrick, Short Annex Roxbury Crowns

ROXBURY – Ken Merrick garnered his 16th overall win of the season at the weekly Roxbury Road Race Series and Shaina Short collected the women’s title Saturday, Aug. 17, over a grueling 7.2-mile course.

Merrick, 44, of New Fairfield was timed in 47:03, 6:32-per-mile pace over the layout, which included a trip through the steep hills on Mallory Road.

Brian Vanderheiden, the 2012 Roxbury half-marathon champion, placed second in 49:50.

Short, 26, was 11th overall with a 53:53 clocking.

The series will resume Saturday, Aug. 24, at 8:30 a.m. with a 3.7-mile run that will include a down the long incline along Ranney Hill Road and up the steep hill on Chalybes Road. There will be no entry fee.

The 3.1-mile Two For The Show benefit race to raise money to address autism and juvenile diabetes will be held Saturday, Sept. 7, at 8:30 a.m. There will be a \$5 entry fee that can be paid that morning between 7 and 8:20 am.

The top overall male and female finishers will each receive a \$10 gift certificate to an area running store.

Also, registration for the upcoming Roxbury Marathon and Roxbury Half Marathon will start Saturday, Aug. 31, at www.roxburyraces.net. The half marathon will be held Nov. 9 and the marathon is slated for Dec. 7, both at 8:30 a.m.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett Hurlburt Community Park at 18 Apple Lane.

For more information, contact Scott Benjamin, the head director, at BenjaminS@wcsu.edu, (O) (203) 837-9999, ext. 19825 or access www.roxburyraces.net.