## Merrick And Krebs Run To Roxbury MidSpring Triumphs

ROXBURY – Ken Merrick and Theresa Krebs, who were the season champions at the Roxbury Road Race Series in 2012, added to their portfolio Saturday, Apr. 27, by capturing the male and female titles, respectively, in the 23<sup>rd</sup> annual Larry Kershnar MidSpring Challenge.

Merrick, 43, covered the 4.3-mile course, which included a trip up the hill on High Bridge Road, in 25-minutes, 32-seconds – a 5:56-per-mile pace.

Jeff Sheldon, a two-time Roxbury season champion, placed second in 26:16.

Krebs, 43, of Roxbury was timed in 28:57, taking ninth overall.

Merrick and Krebs each received a \$10 gift certificate to the Woodbridge Running Co., which has a store in Brookfield.

From the entry of \$5 per entrant, the runners raised \$281 for the Roxbury park improvement fund.

The race is named after the late Dr. Kershnar, who was the head director of the series from 1980 through 1985 and developed it from the eight-race summer format that had been initiated in 1977 to the current 40-race schedule that extends from February to December.

The series also announced that the Oxford, New Milford, Nonnewaug-Woodbury and Brookfield high schools each received a \$150 grant for their cross country or track & field programs.

The runners have provided support to area high schools for 14 consecutive years.

The weekly series will continue Saturday, May 4, at 8:30 a.m. with a 4.2-mile run that will include a trip down the long hill on Hemlock Road and up the incline on Ranney Hill Road. There will be no entry fee.

The races, which are sanctioned by the Roxbury Recreation Commission, start and finish near the Everett Hurlburt Community Park on Apple Lane.

For more information, contact Scott Benjamin, the head director, at <a href="mailto:BenjaminS@wcsu.edu">BenjaminS@wcsu.edu</a> or (O) (203) 837-9999, ext. 19825.