Repeat Winners - The Roxbury 5K

-Report by Mike Abraham

This week's winners were ... well the same as last week's winners. 15 year-old Ryan Fox took men's first place, and Theresa Krebs easily notched her 3rd straight victory of the season on the women's side over Krystal Koenig. Ryan's win however, was an –almost didn't happen – as he ran straight past the turn around cones onto Rt. 67, before responding to yells for him to turn around. Only in Roxbury might you experience such goodwill. Meanwhile, Scott Holmes, recently having passed the half-century mark, gathered some gumption at about the same moment Ryan was regaining the race. Scott gave chase and turned in a strong race, but Ryan held him off and won by 17 seconds – the hard way! There really is something to be said for running the correct distance!

The numbers fell off slightly in the third race of the season, but not much considering the weather. Sixty-seven runners finished the grinding 5K course which we introduced a few years ago. We've been accustomed to seeing high school runners show up for years now, but last couple years have witnessed more and more middle and even elementary school runners including Erik LoSacco, James Kennedy, Ed Wolf, and Roxbury resident Tabor Wanag who made his debut race with dad watching! Welcome to all!!

On a final note, thanks to Corinne Bellemare and Paul Butler for working the finish line.

Next week is the 3.55 down Hemlock.

Roxbury Race Series 2012 - Race #3 - March 3, 3.2 miles Hemlock out and back

Order of Finish

place	<u>name</u>	<u>age</u>	<u>time</u>	<u>pace</u>
1	Ryan Fox	15	20.36	6.26
2	Scott Holmes	50	20.53	6.32
3	Bill Goodman	32	20.55	6.32
4	Ryan Ripp	25	21.04	6.35
5	Charles Ferry	47	21.07	6.36
6	Nelson Azevedo	53	21.19	6.40
7	Sam Dodge	30	21.32	6.44
8	Ryan Clarke	16	21.33	6.44
9	Kevin Ortega	18	21.33	6.44
10	Jeff Sheldon	31	21.42	6.47
11	Mike Abraham	52	22.08	6.55
12	James Kennedy	12	22.10	6.56
13	Brian Vanderheiden	42	22.14	6.57
14	Theresa Krebs	42	22.21	6.59
15	Alan Peck	43	22.22	6.59
16	Eric Koenig	32	22.49	7.08
17	Ken Merrick	43	23.04	7.13
18	Jeff Tindell	62	23.17	7.17
19	Steve Benoit	59	23.29	7.20

20	Chris Deming	45	23.38	7.23
21	Nick Nassra	46	23.57	7.29
22	Scott Cooney	48	24.05	7.32
23	Ross Levy	61	24.10	7.33
24	Chris Norris	43	24.11	7.33
25	Scott Benjamin	54	24.12	7.34
26	Jeff Bishop	31	24.35	7.41
27	Tabor Wanag	11	24.45	7.44
28	Larry Deming	54	24.47	7.45
29	Bruce Goulart	62	24.50	7.46
30	Russ Pribanic	58	24.57	7.48
31	John A. Adomelis	57	25.13	7.53
32	David Mariani	48	25.19	7.55
33	Ed Wolfe	13	25.37	8.00
34	Dave Wolfe	47	25.41	8.02
35	Krystal Koenig	29	25.51	8.05
36	Dirk Feather	37	25.52	8.05
37	Brian Gildea	50	26.08	8.10
38	Mike Simaitis	48	26.16	8.13
39	Tom McNulty		26.28	8.16
40	John Wolf	42	27.14	8.31
41	Mark Zerbe	51	27.29	8.35
42	Costas Drakatos	53	27.36	8.38
43	Josephine Simko	47	27.42	8.39
44	Rich Gaffney	46	27.53	8.43
45	Nora Hulton	48	27.58	8.44
46	Dan Burns	48	28.15	8.50
47	Dan Readyoff	42	28.16	8.50
48	Dan Lamb	50	28.38	8.57
49	Janet Levy	57	28.46	8.59
50	Dan Lynch	49	28.47	8.60
51	Neil Kennedy	44	29.29	9.13
52	Kateri Danay	14	29.42	9.17
53	Bob Lewis	47	29.46	9.18
54	Charlie Swan	33	29.50	9.19
55	Keith Dupree	69	30.06	9.24
56	Jim Moore	57	30.52	9.39
57	Erik LoSacco	9	30.56	9.40
58	Baerbel LoSacco	40	30.57	9.40
59	Mario Hasz	63	31.08	9.44
60	Bob Satterlee	63	32.10	10.03
61	Adam Osmond	44	32.42	10.13
62	Rick Dock	56	33.05	10.20
63	Theresa Oria	45	33.43	10.32
64	Mo Van Moffaert	52	33.44	10.33
65	Charlie Euston	67	36.21	11.22
66	Lee Anne Zarger	57	39.35	12.22
67	Richard Vasko	66	41.24	12.56

Alternate Courses

place	name	<u>age</u>	<u>distance</u>	<u>time</u>
68	Chris DePalma	45	3.00	24.18
69	Joseph Danay	49	2.05	21.09
70	Paul Butler	54	?	?

